October 2021

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 PIZZA
4 Cuban Sandwich Meal	5	6	7	GARDEN SALAD
	BBQ Baked Chicken	Chicken and Waffles	Grilled Chicken Gyro	SHORTENED DAY
Pulled Pork, Ham and Swiss Cheese Baked Fries	Sweet Potato Mashed Mixed Vegetables	Sweet Potato Fries Green Beans K of RESPE	Tzatziki Sauce (cucumber) Lettuce, Tomato Red Onion Tater Tots	NO LUNCH SERVICE
11		13	14 Grilled Chicken Lo Mein	15
NO SCHOOL	12 Taco Tuesday Turkey Taco Whole Wheat Flour Tortilla	Pretzel Roll Sammy Ham and Cheese	Grilled Chicken Grilled Chicken	PIZZA
STAFF IN-SERVICE	Cilantro Rice Refried Beans	Lettuce and Tomato Raked Fries	Asian Chef Cut Vegetables Sesame Ginger Sauce	SPINACH SALAD
18	19 Chicken Fajitas	20 Chicken Pot Pie	21	22
Pancakes	Peppers & Onions	Diced Chicken in a	Chicken Parm	PIZZA
Warm Syrup	Whole Wheat Tortilla	creamy chicken Velouté	Skettis	
Pork Sausage Patty	Brown Rice	Mixed vegetables	Sautéed Broccoli	GARDEN SALAD
Cinnamon Carrots	Corn & Beans	Warm Baked WW roll SAFE SCHOOLS WEEK ——		
25	26	27	28	29
Bagel Ham & Cheese Melt	Open faced Oven Roasted	Beef Chili	Mummy Dogs	PIZZA
Hash Brown Patty	Turkey sandwich with	Corn Bread	Baked fingers (fries)	255
Carrots	Mashed Potatoes & Gravy	Chili Cumin Kidney Beans	Franken Trees	SPINACH SALAD
	Roasted butternut squash		00	

Complete lunch: \$3.50

Includes choice of hot entrée, sandwich or Salad Served with Daily sides and choice of milk

Daily Sides:

Hot Veggie, Side Salad, Assorted fruits, Whole Grain roll

Daily Milk Choices:

170 White/FF Chocolate

Vegetarian Options Available

Eggplant Parm/ Meatless Chili/ Bean Burger

Staff Lunch \$4.00

We will always try to accommodate special diets

^{*} Grilled Cheese /PB&J always available

^{*} USDA is an equal opportunity employer